

# Coffee Break with collective kitchens



Coffee meetings with a cooking  
workshop are offered **FREE**  
by la Relève du Haut Saint-François and  
les Cuisines Collectives du Haut Saint-François

One Friday per month  
In the various service outlets  
of the Cuisines Collectives  
9 am to 12 pm

You must register  
on our online form  
to participate

For more information :  
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*La Relève*  
du Haut-Saint-François  
NOTRE ORGANISME FAMILLE